

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

3	4	5	6	7
French Dip Sandwich lettuce/tom/pickles/onions baked potato sour cream & butter chilled apricots	Ground turkey w/mushrooms tomato sauce & pasta buttered broccoli italian bread SF rice pudding	Chicken Fettuccini...1 carrots & peppers garlic bread chilled pears	Catfish...1 Tartar Sauce Coleslaw green beans pineapple upside down cake bread & margarine	Beef Tips...1 steamed rice steamed broccoli tossed salad chilled fruit ww roll
10 CLOSED Columbus Day	11 Beef Stew...3 Steamed cabbage cornbread chilled fruit salad	12 Salmon Patties...1 Baked potato hominy buttered spinach chocolate pie ww bread	13 Oven baked chicken rice pilaf broccoli w/butter french bread cherry cobbler ice cream	14 Frito Pie...2 pinto beans lettuce/tomato/onions salsa angel food cake
17 Cornflake Chicken sauted potatoes steamed carrots grapefruit slices	18 Ham & Beans red peppers cornbread w/margarine SF pumpkin bread	19 Taco...1 lettuce/tom/onion spanish rice salsa corn SF jello	20 Pork Chop & Dressing...2 stuffing parmesan potatoes glazed carrots cottage cheese/peaches	21 Honey Dijon Chicken..1 asparagus w/cheese tossed salad lemon bar ww roll
24 Turkey Breast... pasta w/alfredo sauce buttered spinach bread sticks w/butter pumpkin raisin bread pudding	25 Pork Loin...1 black eyed peas steamed cabbage peach cobbler cornbread	26 Chicken Fried Steak...2 mashed potatoes & gravy california vegetables strawberries & bananas biscuit	27 GC Chicken Enchiladas..3 pinto beans calabacitas spinach tossed salad crackers jello-chilled fruit	28 Baked Fish...1 parsley potatoes creamy coleslaw chocolate pudding w/topping ww bread
31 Lasagna...3 tossed salad mixed vegetables plum cobbler french bread				